

StNr	Nachname, Vorname	Verein	Strecke	Jg	Klasse
422	Schoenmackers, Ludger	DP Running Team	12000m	1963	M55
583	Bongartz, René	Angenthoer's Best	12000m	1969	M50
525	Thomas, Uli	TV Hösel	12000m	1951	M65
489	Palme, Ernst	Turboschnecke	12000m	1951	M65
443	Koch, Gerhard	Turngemeinde Stürzelberg	12000m	1942	M75
446	Becker, Günter	Turngemeinde Stürzelberg	12000m	1941	M75
694	Schäfer, Susanne	VfL Hinsbeck	12000m	1974	W45
791	Rickerich, Karin	VfL Hinsbeck	12000m	1959	W60
522	Beer, Uwe	Oberhausener TV 1873	12000m	1960	M60
688	Gietmann, Judith	Lauf-Walkingtreff Kevelaer	12000m	1971	W45

Zeit

1:17:56,0
1:35:54,0
1:36:34,0
1:37:55,0
1:37:57,0
1:38:47,0
1:47:44,0
1:47:56,0
1:54:08,0
1:56:01,0